

Supported by Toronto and Region Conservation Authority

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Municipal Corporate Energy Managers Network workshop

Gil Amdurski, CEM, CMVP. Technical Coordinator, Toronto and Region Conservation Authority October 7th, 2022



Outline

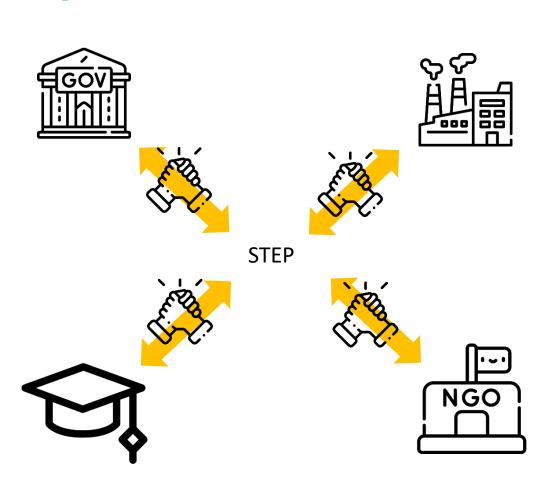
- Introduction to STEP
- Speaker introduction
- Past projects
- ASHP Campaign
- Future Projects (in the pipeline)
- Future Projects (long-term)
- Q&A





- Non-profit
- Collaborative
- Research

- Pilots
- M&V
- Clean Tech
- Buildings
- Renewables
- Smart-grid



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STEP

- Collaborate with government, industry, academia, and NGOs
- Study sustainable solutions applicable *locally*
- Disseminate findings to help governments and individuals make informed decisions
- Drive us collectively to a more sustainable society

Living Labs



- Living Labs @ Kortright and TRCA buildings provide a friendly environment for vetting/testing prior to further deployment
- Open houses, group tours, meeting space, professional training, event space









Partners, Sponsors and Funders

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Projects and Pilots



than a furnace. It car be used for heating

real-world data, analysis, tools, and outreach that promotes effective technological solutions for climate change mitigation.

INTRODUCTION

This is the first case study¹ in a series evaluating heat pump installations in single-family homes in Ontario, focusing on the Greater Toronto and Hamilton Area. The City of Toronto targets a 65% reduction in carbon emissions by 2030. Most of the emissions (57%) are from homes and buildings, primarily a result of natural gas used for space heating. Home energy retrofits on a massive scale are therefore needed. Hybrid heating systems are a promising cost-effective low-carbon heating solution. This case study evaluates upfront costs, carbon reductions, and utility bill impacts of an installation in a Toronto home.

SITE AND EQUIPMENT

The hybrid system was installed in late-2020 and commissioned in early January 2021 in a 2,100 ft2 pre-1935 3-bedroom 2-storey semi-detached home in Toronto's East End. The hybrid system replaced the homeowner's A/C, which was at end-of-life, as well as a 12-year-old mid-efficiency furnace. The homeowner chose a high-efficiency two-stage air-source heat pump (ASHP) and a variable capacity gas furnace (AFUE 97%) for the hybrid system (Table 1). The system is controlled by a smart thermostat. It does not switch between furnace and ASHP at a preset outdoor temperature (as is often the case) but instead chooses the ASHP until it is no longer able to meet the thermostat setpoint within 30 minutes of turning on. Concurrently with the hybrid system retrofit, the homeowner also had the home professionally air-sealed and insulation was added to the rear basement wall, which had been identified within an energy audit as a source of heat loss.





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Communications & Outreach

- Homeowner and building-owner webinars
- Presentations to municipal energy management teams
- Industry conferences and publications
- Academic conferences and publications (through academic partners)
- Surveys
- Social Media Campaigns
- In-person symposium
- Social media
- Full reports and white papers (website)
- Stakeholder meetings







Speaker Bio: Gil Amdurski



- Technical Coordinator with STEP since 2010
- Technical lead/support for pilot projects evaluating renewable energy and energy-efficient mechanical systems for homes/buildings
- Diploma in Electro-mechanical Engineering
- Certified Measurement & Verification Professional (CMVP) with AEE
- Certified Energy Manager (CEM) with AEE
- Enthusiastic owner of a cold-climate air-source heat pump







Ductless ASHPs retrofits in MURBs



The Scattardok Bertweigne Evaluation Program (SUP) is a calaborative non-profermearch induities with the Scientz and Bergine Conservations Authority (WCA). Among other priorities, SUPI beenges partnerships with manipulative, provincial and Bergine Conservations Authority, (SUPE), anong other priorities, SUPI beenges partnerships with the Automation Bergine Conservations and a strain of providing and MA bet and reforms efficient informations in support change SUPI trans numbers are scientific-monitoring and MA be coperts, particularly in at Partian to messable normg, MAA and strain of SUPI trans numbers are scientific-monitoring and MA be coperts, particularly in at Partian to messable normg, MAA

INTRODUCTION

Electric baseboards are the main heating source for 24% of all multi-unit residential building MURBI and rowhouse units in Ontario. In this sector, heat pump retrofits represent a significant opportunity to conserve electricity, reduce carbon emissions and reduce operating costs, while simultaneously promoting tenant comfort and safety.

Various heat pump options are available, including both air- and ground-source (i.e. geothermai). Multi-split ductless air-source heat pumps (ASHP3) are and stentially good option because they are simple to retofit and may entirely displace an electric baseboard heating system, while also providing a high-efficiency cooling system.

Multi-split ductless ASHPs have a single outdoor fan coil unit connected to multiple indoor fan coils through small diameter refrigerant piping that can be run on the exterior of a building or otherwise retrofitted into tight spaces within the building. This makes retrofits into an electrically-heated building straightforward.

This case study evaluated the performance of ductless multi-split air-source heat pump retrofits in a rowhouse complex located in Brantford, ON, during 2017/2018.

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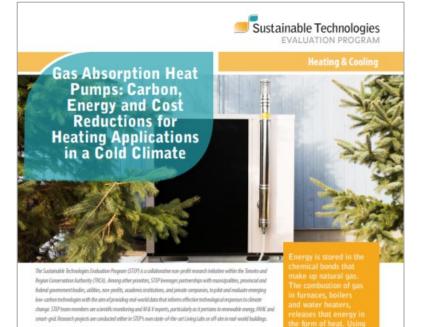
Replaced electric baseboards with ductless **multi**split ASHPs in Brantford, ON, rowhouse complex

IPMVP-adherent evaluation of energy/cost savings and tenant interviews

Key Lessons

- 1. Tenants were very positive about the heat pumps, but the business case was not strong.
- A single mini-split used in conjunction with existing baseboards would likely have been a more cost-effective retrofit option for this type of building.

Gas ASHPs



INTRODUCTION

Heat pumps achieve heating efficiencies beyond conventional limitations because they extract renewable heat energy from the air, ground or elsewhere. Natural gas heat pumps (GHPs) are of interest because they utilize a low-cost fuel. GHPs have been applied in Europe and Japan, but have not made significant inroads in Canada. This study analyzed the operation of a GHP installed at the Archetype Sustainable House (ASH) Lab in Vaughan, Ontario, during 2017/2018. The aim of the study was to characterize the GHP's performance for cold-climate conditions such that potential energy, cost, and carbon reductions could be estimated for different Canadian applications.

TECHNOLOGY

The GAMP-AR from Robur was evaluated. It is an "air-to-water" gas absorption heat pump that heats as well as cools. Nominal heating capacity and efficiency are 35.3 kW and 126% (HW), respectively, and it supplies fluids up to 60 °C. A heating-only version (GAHP-A) is also available. The unit is single-packaged, installed outdoors on a pad or rooftop, and connected to a building via hydronick. It is well-sized for large homes, multi-unit residential and industrial-commercial-institutional (ICI) buildings.

- Air-to-water gas absorption heat pump was used to heat and cool Archetype House Lab for 1 year
- Mapped capacity and efficiency against temp
- Extrapolated results for buildings/applications

Key Lessons

- Little benefit for *space heating* across most of Canada. It should not be used for cooling because is much more carbon intensive.
- 2. Moderate carbon savings and potential good business case are possible for DHW preheating in MURBs.

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EVALUATION PROGRAM

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Renewables in Social Housing



Consortium (OCC) in partnership with Evergreen. This technical brief summarizes the evaluation results in terms of the social, economic and environmental outcomes of the investments made in the REI program. It also provides insights on preferred investment strategies and policy interventions to scale up investment supporting the transition to net-zero communities in line with provincial and federal government GHG reduction commitments to the global community.

The social and affordable housing sector provides a significant apportunity for low ca ban investment. The sector is large, much of the housing stock is gaing, and there is the patential for energy efficiency retrafits an a massive scale. Furthermore cansolidate decision-making and lang-term asset management means that when public funder available, retrafits can happen quickly and with an aim for longer-tern



Sponsored by MHO to evaluate Renewable Energy Initiative (REI) program in social housing

Site visits, data review, and interviews

Key Lessons

- Incentives should holistically consider different potential building energy upgrades – rather than targeting renewables alone.
- Multiple examples of solar hot water systems not 2. functioning effectively after installation.
- 3. Issues with housing provider capacity to manage new technologies. M & V needed to ensure systems function.

Geothermal Feasibility



INTRODUCTION AND SCOPE

Geothermal is a high-efficiency space heating and cooling technology. The design of geothermal systems for large buildings is more involved than that for conventional systems, often resulting in higher up-front planning costs and variability in cost estimates. This document provides considerations for building managers/owners interested in evaluating the feasibility of geothermal. While the focus is primaryl retrofits, many considerations are applicable to new-builds. Considerations are based on a review of actual feasibility studies and consultation with industry experts/stakeholders.

WHY CHOOSE GEOTHERMAL?

There are many reasons why organizations choose geothermal. It offers significant carbon reductions, helping to achieve sustainability mandates while also bolstering organizational reputation. It is the most efficient heating/cooling technology and may help reduce operating costs. It may also help to achieve building certifications like LEED or Net-Zero. The primary system components are durable and long-lasting, and are often cheaper to maintain and operate. The ground heat exchanger (GHQ), which is the largest cost component of an installation, is extremely long-lasting.

But is a technology with many name. "Genthemoul", "generalizing," 'ground source best pump systems' and "general-coupled host pump systems' are all terms used to describe the same thing: a behaviology that atlans the general (or surface/general water) or a source or soils for beat energy in babling heating and scooling applications. But document care, 'productional' because it errors to be the next conversely used term. heat exchanger (GHX). T GHX consists of piping th extends deep into the geo acting as the interface fo heat exchange between t ground and the building.



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- Large variation in findings of geothermal feasibility studies performed by different consultants
- Worked with Toronto and leading geothermal designers to harmonize RFP/RFQ requirements

Key Lessons

- Many consultants are available to provide low-cost (low-quality) assessments.
- Quality can be safeguarded through RFP/RFQ requirements.
- 3. Leading designers follow an iterative design procedure that provides a cost-optimized ground heat exchanger (GHX).

Existing Building Commissioning (EBCx) Kortright Visitor Centre





Partially funded through NRCan

Used existing TRCA staff to execute commissioning

Provided staff with EBCx training

Key Lessons

- 1. Estimated energy savings of 25 MWh; GHG emission reduction of 7 tonnes eCO2/yr
- Costs were reduced by an estimated \$4,250 per year as a result of initial measures taken to address findings of the EBCx.
- **3**. Further cost-savings are anticipated as implementation progresses.
- 4. Additional benefit of the internally led EBCx, engagement and capacity building of staff. Through project, staff gained understanding of site systems, which will result in increased operational efficiency moving forward

Monobloc Heat Pump for Multi-Unit Residential Buildings

Sustainable Technologies EVALUATION PROGRAM

TECHNICAL BRIEF

Real-world Efficiency of a Monobloc Heat Pump for Multi-Unit Residential Buildings



The Sustainable Redunologies Evolution Program (STEP) is a collaborative non-portit ne-arch initiative within the Boomb and Region Conservation Authority (TRCU). Among other priorities, SEEP partners with overnmert, utilities, one-portit, a cademicinstitutions, and private-companies, ba pikt and evoluate emerging low-archan technologies for buildings with the aim of privations end-world data, manifes, bao, and content that proverse difference technological software former and imposition.

INTRODUCTION

The Atmospheric Fund (TAF) has estimated that nearly a quarter of all multi-unit residential building (MURB) suites in Ontario are heated with electricity, primarily with electric resistance basebards.¹ These systems are much lass efficient than other electric heating options. Their low efficiency creates high operating costs for owners and reduces the grid capacity for the electrification of other buildings and sectors. Many of these buildings also have no central cooling or have relied on window air-conditioners, but window air-conditioners are now banned in some MURBs due to the risk of them falling from the window and causing injury or death. A compounding issue is that cooling is becoming increasingly critical for the health of MURB occupants as the number of heat waves and related health impacts are on the rise.

Retrofitting electrically-heated MURBs with heat pumps is a significant opportunity to drastically decrease utility bills for owners, reduce the demand on the electricity grid, and ensure occupant well-being. This study evaluated the heating efficiency of a new monobloc air-source heat pump (ASHP) for MURB applications. The heat pump was installed at the MURB Test Suite of the Archetype Sustainable House (ASH), located in Yaughan, ON (pictured above). The MURB Test Suite is 300 ft² and sits above a garage. It has a heat loss on the scale of an actual MURB suite and is used as a platform for evaluating suite-level MURB heating and cooling technologies. Using performance data collected at the MURB Test Suite during Winter 2021/2022, the ASHP efficiency was determined and used to predict the energy savings of retrofits in different cities across Canada. efficiency heating and cooling for homes and buildings. In heating mode, they operate by extracting renewable heat energy from the outdoor air. In cooling mode, they function similarly to an airconditioner While many ASHPs are "split" systems, meaning there is an outdoor coil and an indoor coil monobloc ASHPs package the components into one unt. In a multi-unit residential context, it typically sits on the inside of a suite with outside air ducted in and out. There are several advantages to palacon



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- Tested at Archetype House, small 300ft2 unit above garage
- Monobloc self contained unit, only 2 penetrations through building assembly
- Innova from Italy, local distributor

Key Lessons

- 1. Not cold-climate; -10°C cut-off
- 2. Average seasonal COP of 1.66, Avg heating energy savings of 40%. Calculated over previous 10 yrs
- We are currently working with TAF on evaluating a larger MURB retrofit



Current Projects



FQSF – TAF Contracted Chiller to Heat Pump Retrofit M&V



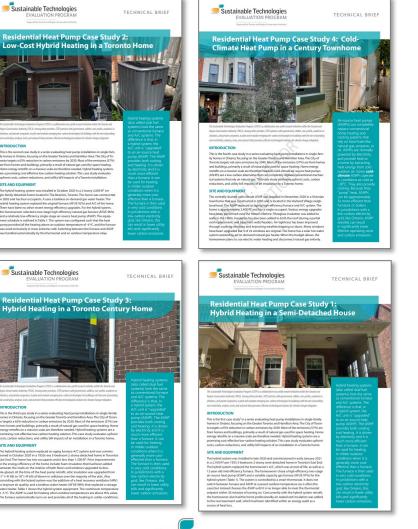
- First system of its kind in Ontario
- 2 MBTU (~166 ton) chiller. Replaced with 2 Mitsubishi Climaveneta Air-to-water heat pumps
- 86 Tons CO2e Offset Annual Compared to NG Boiler





Intent of influencing market actors and direct impact on uptake

Residential ASHP Communications Campaign







- Partially funded through TAF and City of Toronto
- Ongoing project; Jan 2022 Dec 2023
- Multi-faceted approach towards communicating the benefits of ASHPs and encouraging uptake
 - Homeowner, Energy Advisor and HVAC Contractor Surveys
 - Case Studies •
 - Homeowner testimonial videos •
 - Webinars for: Homeowner, Architect/Designer, HVAC Contractor, Decision Makers, etc.
 - Tutorials, Guidance documents for varied audiences
 - News-media articles
 - Social media push, including paid campaigns
- Intent of influencing market actors and direct impact on uptake



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PROJECTS

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Green Home Heating in the GTHA

LIVING LABS

Raising Awareness for Heat Pump Deployment in GTHA and Ontario Single-family Homes

EVENTS & TRAINING

Home energy retrofits are urgently needed on a massive scale to meet the ambitious carbon reduction targets being formulated by municipalities in the Greater Toronto and Hamilton Area (GTHA). Towards this end, air-source heat pumps (ASHPs) are a key retrofit technology capable of replacing or offsetting conventional carbon-intensive home heating systems.

Throughout 2022 and 2023, The Sustainable Technologies Evaluation Program (STEP) is leading a communications campaign to support the deployment of ASHPs in existing homes within the GTHA. Primary funding for this initiative is being provided by The Atmospheric Fund (TAF) with additional base funding support from The City of Toronto, Region of Peel, and York Region. Additional project partners include Enbridge, Durham Region, The Heating Refrigeration and Air-conditioning Institute of Canada (HRAI), The Clean Air Partnership (CAP), Windfall Ecology Centre, Imperial Energy, and the Sustainable Neighbourhoods Action Program (SNAP).



Tell us Your Experience

Heat Pump Owner Survey Please fill out this survey if you own a heat pump in the GTHA

Case Studies

Residential Heat Pump Case Study 1 400 KB PDF

Residential Heat Pump Case Study 2 1.5 MB PDF

Residential Heat Pump Case Study 3 400 KB PDF

Residential Heat Pump Case Study 4 500 KB PDF

Webinars

Contractors

Air Source Heat Pump Webinar for Homeowners Delivered to the Pocket Change Project Air Source Heat Pump Webinar for Green Professionals Delivered to the PEO Climate Change Group Air Source Heat Pump Webinar for

The initiative consists of three stages. In the first stage the STEP team will create cases studies of actual GTHA ASHP home retrofits from early adopters of the technology. The case studies will analyze pre- and post-retrofit utility bill data to calculate the energy savings, cost savings, and





Future Projects

Upcoming and Future Project Ideas

Hybrid ccASHPs

Hybrid ASHP with Hydronic Back-up

And/or CSA p.9-11

Residential Thermal or Electric Demand Shifting and Storage Technologies Heat Pump RTUs Potentially Including Hybrid Options





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Upcoming and Future Project Ideas



Heat Pump Pool Heaters

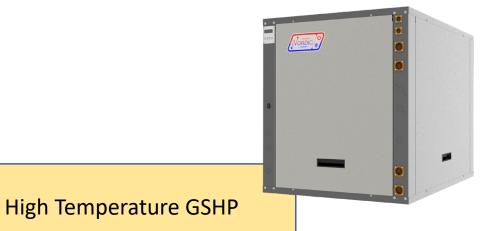
Heat Pump Water Heaters



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Commercial Air-to-water CO² DHW heat pumps





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Thanks! Questions? Ideas?

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